

Radiesse® Aftercare: What to Expect, How to Care, and When to Contact Novello Skin

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Radiesse is a powerful biostimulator dermal filler made of calcium hydroxylapatite (CaHA) microspheres. It offers both immediate volume correction and long-term collagen stimulation, making it ideal for mid-face contouring, jawline definition, hands, and more.

To ensure safe healing and optimal results, please follow the aftercare instructions below.

What to Expect After Radiesse® Treatment

You may experience some temporary effects at the injection site(s), including:

Mild to moderate swelling

Tenderness or firmness

Redness or slight bruising

A feeling of tightness or fullness in the area

In some cases, small lumps or nodules (usually temporary)

These side effects are usually mild and resolve within 2–7 days, however these side effects can last longer. Visible results are immediate, but the skin-smoothing and tightening benefits will continue to improve over several weeks as collagen production increases.

Radiesse® Aftercare Instructions

DO:

Apply a cold compress (wrapped in a clean cloth) for 10–15 minutes at a time to reduce swelling (especially in the first 24 hours)

Sleep with your head elevated for the first 1–2 nights if you had facial injections

Drink plenty of water—hydration supports healing

Gently massage the area only if instructed by your injector or if nodules (lumps) appear in the treated area. Please, notify your medical practitioner if nodules appear

It is advisable to return for routine review 4-8 weeks after the treatment with Radiesse. It is patient responsibility to make sure review is attended.

Avoid blood thinners unless prescribed

AVOID for 24–48 Hours:

Touching or pressing the treated area

Intense exercise, heavy lifting, or anything that increases blood flow to the face

Alcohol, spicy foods, or hot beverages (may increase swelling)

Facials, lasers, or microneedling near the treated area for at least 2 weeks

Makeup on broken or sensitive skin (okay after 24 hours if no irritation)

AVOID for 1 week:

Topical retinoids (Vit A products in skin care)

Acid-based skin products and exfoliators

AVOID for 2 weeks:

Saunas, hot tubs, steam rooms, or long hot showers

Common Side Effects (Mild & Temporary)

Redness, swelling, or tenderness

Mild bruising at or near the injection sites

Firmness or small lumps under the skin (usually resolve within 1–2 weeks). If persistent lumps under skin are observed, please, contact your medical practitioner

Temporary asymmetry due to swelling (subsides as swelling reduces)

Rare Side Effects (Uncommon but Possible)

Prolonged or painful swelling

Delayed lumps or nodules that do not resolve

Skin discoloration (white or dusky appearance)

Signs of vascular occlusion (pain, blanching, cold skin, or mottled appearance)

Infection (fever, pus, or spreading redness)

Please, contact your medical professional immediately if any of these side effects occur!

When to Contact Novello Skin

Please contact us immediately if you experience:

Severe or increasing pain

Skin that becomes pale, cool, or dark in colour

Blistering or open sores

Signs of infection: fever, pus, warmth, or spreading redness

Persistent nodules

Any symptoms that worsen or feel unusual

Emergency number: 07702 010582 (if not unsewered right away, please leave voice message, text or email info@novelloskin.co.uk – we monitor our communication channels regularly.)