

Aftercare & Safety Information related to Skin Boosters

Your treatment has been performed using a medical-grade skin booster to improve skin hydration and quality. Following these aftercare instructions will help minimise side effects and support optimal results.

Immediately after treatment

It is normal to experience some temporary effects, including:

- Redness
- Mild swelling
- Tenderness
- Bruising
- Small bumps or injection marks
- A feeling of tightness or firmness

These reactions usually settle within a few hours to several days, although bruising may occasionally last up to two weeks.

For the first 24 hours

We recommend that you:

- Avoid touching, rubbing or massaging the treated area unless specifically advised by your practitioner.
- Do not apply make-up for at least 12 hours.
- Keep the skin clean and avoid unnecessary handling.
- Avoid strenuous exercise.
- Avoid alcohol where possible, as it may increase bruising.
- Drink plenty of water to support hydration.

For the first 48 hours

Please avoid:

- Saunas, steam rooms and hot tubs.
- Very hot baths or showers.
- Excessive sun exposure.
- Sunbeds.
- Swimming pools where possible.
- Facial treatments, including massage, chemical peels, microneedling, laser or radiofrequency procedures.

During the first two weeks

- Protect your skin with a broad-spectrum SPF 30 or higher every day.
- Continue using a gentle skincare routine.

- Avoid introducing new active skincare products unless advised.
- Follow any personalised aftercare instructions provided during your consultation.
- Saunas, steam rooms and hot tubs.
- Sunbeds.
- Facial treatments, including massage, chemical peels, microneedling, laser or radiofrequency procedures.

When will I see the results?

Some improvement in hydration may be noticeable within the first few days. However, skin quality continues to improve over the following weeks as the product integrates within the skin.

Depending on the product used, optimal results may develop after a course of treatment or following a single session, according to your personalised treatment plan.

Possible side effects

Like all injectable procedures, skin boosters may cause temporary side effects, including:

- Redness
- Swelling
- Bruising
- Tenderness
- Itching
- Small palpable lumps
- Mild discomfort
- Temporary asymmetry while swelling settles

These effects are usually mild and resolve without treatment.

Rare complications

Although uncommon, more serious complications can occur with any injectable treatment, including:

- Infection
- Allergic or inflammatory reactions
- Delayed-onset nodules
- Persistent swelling
- Reactivation of cold sores in susceptible individuals
- Vascular occlusion (blockage of a blood vessel), which requires urgent medical assessment and treatment

Your practitioner has been trained to recognise and manage complications promptly should they occur. Please, contact your medical practitioner as soon as concern arise.

When should I contact us urgently?

Please contact Novello Skin immediately if you experience:

- Severe or worsening pain.
- Skin becoming pale, white, grey, dusky or mottled.
- Blistering of the skin.
- Increasing redness or swelling after the first 48 hours.
- Pus or signs of infection.
- Fever or feeling generally unwell.
- Sudden visual disturbance, blurred vision or loss of vision (call 999 immediately and inform us without delay).

Early assessment is essential if a complication is suspected.

Pregnancy and breastfeeding

Skin booster treatments are not recommended during pregnancy or whilst breastfeeding due to insufficient safety data!

Future treatments

Please inform any healthcare professional treating you that you have recently received injectable treatment, particularly before undergoing dental procedures, vaccinations, surgery or other aesthetic treatments.

Always allow sufficient time between different aesthetic procedures as advised by your practitioner.

Follow-up

Some patients benefit from a review appointment to assess treatment outcomes and discuss whether additional sessions or maintenance treatments are appropriate.

If you have any questions or concerns following your treatment, please contact Novello Skin. We are here to support you throughout your treatment journey.

Medical Disclaimer

All medical aesthetic procedures carry potential risks as well as benefits. A full medical consultation, including discussion of alternative treatment options, expected outcomes and possible complications, will always take place before treatment. Results vary between individuals and cannot be guaranteed.

Off-label Use

Some skin booster treatments may be used **off-label**, meaning they are administered in a way that differs from the manufacturer's licensed indication. This may include treatment of different anatomical areas or the use of alternative injection techniques based on current clinical evidence and individual patient needs.

Where an off-label treatment is recommended, this will always be discussed with you during your consultation by your prescribing medical professional. The reasons for the recommendation, available evidence, potential benefits, possible risks and alternative treatment options will be explained in full. No off-label treatment is undertaken without informed consent.

If there are any concerns, please call us: 01242 230440

Emergency number: 07702 010582 (if not unsewered right away, please leave voice message, text or email info@novelloskin.co.uk – we monitor our communication channels regularly)